

PERSONAL INFORMATION

Date of Birth: -
Jan 29, 1965 AD
(21-10-2021 BS)

Birth Place
Fulbari V.D.C.
Ward-5, Taplejung

Parents' Namea
Mr. Ganga Parsad Sitaula
Mrs. Radhika Sitaula

Wife's Name
Mrs. Debaka Poudel
Sitaula

Son's Name
Bishwash Sitaula
Sahil Sitaula

Nationality
Nepali

Citizenship no.
3996

License No.
01 02 00493493

Passport No.
11606047

Blood Group
A₊

Dr. Benu Prasad Sitaula



ACADAMIC QUALIFICATION

1979 - School Leaving Certificate	- Sajilal Secondary School Sundarpur, Morang, Nepal
1986 - Proficiency Certificate Level	- Mahendra Morang Multiple Campus, Biratnagar, Nepal.
1992 - Bachelor of Arts	- B.D.D. Campus, Saharasa, Bihar India.
2004 - Bachelor of Education	- Gograha Multiple Campus Biratnagar, Morang, Nepal.
2007- Master of Education	- Lumbini Adarsha Degree Campus, Nawalparasi, Nepal.
2019 - Doctor of Philosophy (PhD)	- SVN University. Sagar, Madhya Pradesh, India.

TRAININGS AND WORKSHOPS

-TOT : Teaching & learning With Dignity	- By Centre for Victims of Torture
-TOT	- Child Friendly Scholl (PABSON)Central Committee
-TOT	-Training Centre Sunsari, Nepal
- Senior Level's Teacher Training	- Bharna Kumari Rajyog Family Mt. Abu, Rajasthan, India
- Counseling Psychology	- College of Social Science and Psychology, Kathmandu, Nepal
- Scouter	- Nepal Scout
- Mindfulness Training	- Karma Counselling and Wellbeing center, New Delhi
- Online Gratitude Therapy	-Online Course
- Counselor and Psychotherapist	- Asia Columbia Hospital, Gurgoar Hariyana, India
- I.Q. Test	- Special Coach from Clinical Psychologist, Dr. Sweeta Sharma

RESEARCH EXP.

Been to 5 countries for paper presentation and dozens of within the countries since five years. Gathered a lot experience in the field of reseaech writing and human psychology. Forty years of experience in academic sector and leading more than 15 institution as an executive.

KEEN INTEREST

*- Volunteering for Social and Humanitarian work
-Paricipating in the religious activities to promote peace
- Supporting and participating in Youth, Children and backward people related activities
- Study field to uplift the people or community those who are outside from*

PHYSICAL PAPER PRESENTATION

*- 2019 Role of educational Research for Nation Building, Indore, India, 2020
-Analytical Study on 21st Century Education, Dubai, 2020
-Ethical Moral Value and Indian Education , Thailand, 2020
- Eastern Culture and Education, Hariyana, 2020.*

CONTACT DETAILS

Permanent Address
Itahari Sub-Metropolitan
Ward No. 4,
Hariyali Marg, Sunsari,
Province No.1

Phone No.
+977-25581741
Mobile No.
+977-9842343888
+977-9802743888

Email
benusitaula13@gmail.com

Whatsapp
+977-9842343888

Facebook
www.fb.com/benu.sitaula

Youtube

LANGUAGE SPOKEN

Nepali
Speaking - Excellent
Writing - Excellent
Reading - Excellent

English
Speaking - Excellent
Writing - Excellent
Reading - Excellent

Hindi
Speaking - Excellent
Writing - Excellent
Reading - Excellent

HONORED

2008 - Ambassador for Peace	- Universal Peace Federation
2010 - Hima Devi Sitaula Gold Medal	- Purwanchal University
2013 - Nepal Bidhya Bhusan Padak 'Kha'	- President (Government of Nepal).
2014-National Education Prize	- Ministry of Education, Government of Nepal
2015- Certificate of Appreciation	- Lumbini Adarsa Degree College, Nawalparasi, Nepal.
2015- Dr. Ambedkar Special Service Award	- Bharat Dalit Sahitya Academy, India.
2016- Certificate of Appreciation	- Radheshyam Sewa Trust, Sunsari, Nepal
2017- Tambrapatra	- Namje Higher secondary school, Bhedetar, Dhankuta
2017 - Veer Maharana Pratap Samaj Bhusan-2017	- Manshanti Sebhhabhavi Sanstha, Maharastra
2017 - Bharat Ratna Ambedkar Samaj Bhusan-2017	- Manshanti Sebhhabhavi Sanstha, Maharastra
2019 - Dr.Apj Kalam Academic Leadership Award-2019	- Indore 2019
2019 - Best Principal of Year Global Award-2020	- Dubai 2020
2020 - Certificate of paper presenter	- Research Foundation India, Dubai
2020- Best Academician and Innovative Ph.D Scholar of Year-2020	- Thailand
2020- Certificate of paper presenter on Ethical Moral Value and Indian Education.	- Thailand
2020 - Global Teacher of the Year-2020	- Eudoxia Gohat, Assam India

AWARD/ LETTER OF APPRECIATION

2012 - Purwa Kshitiz Publication Pvt. Ltd. Dharan, Sunsari, Nepal
2015 - Peshagat Maha Sang, Sunsari, Nepal
2015 - Shrimat Bhagwat Bishwa Shanti Bed Mahayagya, Itahari
2016 - Shrimat Devi Bhagwat Mahapuran Gyan Mahayagya, Itahari
2016 - Naya Gaushala, District, Morang, Nepal.
2016 - Budhi Jamuna Muktighat, Itahari, Sunsari, Nepal
2017 - Hangsewar Shiva Mandir, Itahari, Sunsari, Nepal
2017 - Communist Party Nepal (UML), Sunsari, Nepal
2017 - ANSU (Revolutionary), Sunsari, Nepal
2020 - Nepal English Language Teachers Association Nepal
2020 - Mt. Makalu Boarding School, Morang
2020 - Nepal DVM Global Academy, Itahari-09, Sunsari, Nepal
2020 - Public Campus Lecturer Association

SKILLS GAINED

Writing

Articles
Proposal
Reports
Creative

Presentation

Paper
Articles
Powerpoint

Counseling

Conflict Management
Personal/Couple
Student/Professional
Stress/Depression

Trainings

Teachers/Students
Career Development

Speaker

Leadership
Motivation
Psychology
Personality Development
Academics/Education

I.Q. Test

E.I /M.I

Managerial

Decision Making
Planning
Controlling
Leadership
Direction
Motivation

INVOLVEMENT/EXPERIENCE

Principal	-Nepal Dayananda Vedic Mission Global Academy.
Lecturer	-Janta Multiple Campus, Itahari, Sunsari -CB higher Secondary School -Sagarmatha, College
Educational Officer	-DVM Society, New Delhi, India
Executive Officer	- Eudoxia Education, Gohati, Assam
International Advisor	-ICMES International Conference 2020 Karnataka
Chief Advisor	-PABSON, Area Committee, Itahari, Sunsari
Academic Advisor	-PABSON, Province no.1
Advisor	-PABSON, District Committee, Sunsari -Editorial Board, Naba Prabartan Yearly Magazine by M.Ed. students, Janata Multiple Campus, Itahari, SUNsari, Nepal
Coordinator	-Staff Entrollment Committee, Itahari, Sna Town Drinking Water & Sanitation Users' Association, Itahari, SUNsari, Nepal
Ex-Coordinator	-Amnesty, International, Nepal roup 6 Sunsari, Nepal
Ex-Principal	-Pathibhara English Boarding School, Itahari- 04, Sunsari
Ex-Chair person	-Purwanchal Saving & Credit Co-operative Society Ltd, Itahari, Snsari
Ex -Central Committee Member	-Private and Boarding School's Organization, Nepal
Life Member	-Nepal Red Cross Society, Nepal
Full-time Member	- NAOP, India
Board Member	-Gyanjyoti Secondary School, District Morang, Nepal

INVOLVEMENT/EXPERIENCE 2020

Member	- Psychology Seminar Conference and Workshop, India
Member	- Indian School Psychology
Member	- Research Foundation of India
Member	-Lion's Club of Itahari, Sunsari, Nepal
Member	- Morang Community Electricity Co- operative society Ltd, Sundar Dulari
Regular Author	- Pune Advance International Research Journal, Pune, India
Resource Person	- Research Dimension and Social Development in South Asian counries, Athwalle College, Bandra, Maharastra
Commitee Member	- ICBDS, China, 2020
Advisory Member	- Universal Research Cluster, India
Member of Editorial Board	-International Engineering Journal for Research and Development
Member	ICC Club

COVID-19 PROGRAM

Awareness Program

School

Living Community

Media Used

Newspaper

Social Media

Distance Interaction

Works

Awareness Program

Donation to Municipality

Donation to Individual

Journal Review

Anusundhan for New Delhi
Institute of management

INVOLVEMENT/EXPERIENCE 2020 Contd.

Global President	- Int'l Council for Educational Research
National President	-Eudoxia Research Council, Nepal
National Coordinator	- Int'l Digital Campus (Nepal)
Executive Officer	- Eudoxia Research Centre
International Resource Person	- Eudoxia Research Centre
International Advisory Council Member	- Common Wealth Society for Innovation and Research
Member	World Association for social sciences & Humanities, Srilanka

ONLINE PAPER PRESENTATION / GUEST SPEAKER 2020

SPSS: Strength and weakness	Int'l Conference on Application of SPSS & Data Analysis
Positive Mental Health and Happiness to kids	-Genius Kids International
Independence, Creativity and Research for Happiness	- ICAR 2020
How to write Research Paper in a simple way/	- RYAN Publishers, India
Development of Outline in a Research Paper	-WORAM 2020
Mechanism for Drafting Dissertation	-WORAM 2020
Corporal Punishment to Children: Effects and Alternates	-WAAD 2020
Book Chapter Writing and Editing	-TORMP 3.0
Writing Synopsis for Thesis	

PARTICIPATION IN INTERNATIONAL WEBINAR 2020

Pro Garten	- Understanding student's behaviour during lockdown
Hindustan Institute of computer studies	-Management of Personal Finance
Chetan Int'l Journal of Education	-Governance and Quality Role in Industry
Clevered International Mansa Global Foundation	-Post CORONA Era : Dimension in Education
- Managing Education in difficult times.	-A Ray of Hope

***Listed Among 100
Admired People in
Education around
the world, The
Exilligent Magazine***

INVOLVEMENT/EXPERIENCE 2021 Contd.

Country Coordinator	-Charles Walter's Society for Innovation & Research
Climate Counsellor	-Green Revolution Certification Program
Honorary Country Advisor Nepal	- The School Education Council of Global Leaders Foundation
Country president	- Eudoxia Research Council NEPAL IRCON
Country Representative for ICOSS	- LASS Srilanka
International Editorial Board Member for Educational Journal	- International Association for Promotion of Asia Africa Research
Judiciary member for international kids story telling competition 26 th September	- Child Development and women empowerment society

AWARD/ LETTER OF APPRECIATION 2021

-International Golden Award for Excellence in Instructional Leadership, Eudoxia Research Centre
-Action Award, Maharaja Kutai Mulawarman
-Gurupinishad Samman,CWSIR
- Golden Teacher Award – Eudoxia Research Centre
Listed Among 100 Admired People in Education around the world, The Exilligent Magazine
Guest of Honor on International Conference 31 st July 2021 – Institute of Global Research India
National Education Award, April 23rd – Focus Nepal, Kathmandu, Nepal

PARTICIPATION/PRESENTATION IN INTERNATIONAL WEBINAR/CONFERENCE 2021

Resource Person , International Training on Qualitative and Quantitative Research, 25 th January	- Eudoxia Research Centre
Invited Speaker in International Conference on “Recent Development in Education and Strength and Weakness of Multidisciplinary Research ,24 th April 2021	- Eudoxia Research Centre
International Member of Organizing Committee of one Month International Training on Research Methodology 30 th April to 29 th June	- Eudoxia Research Centre

PARTICIPATION/PRESENTATION IN INTERNATIONAL WEBINAR/CONFERENCE 2021 (Contd)

Resource Person for Art of Drafting Dissertation 17 th July 2021	- Research Circle Malaysia
Resource Person for Mechanics for Thesis Writing 29 th July 2021	- Eudoxia Research Center
Representing as Proactive Educator 28 th Nepal August on SDG	- Kids and Teens Education research Pvt. Ltd, INDIA
Invited as Guest Speaker on Role of Innovation and Entrepreneurial Skill to get Success in 21 st Century World work 26 th September	- KITES INDIA

REFERENCES

A.	Dr. Shweta Sharma The senior Clinical Psychologist	ASIA Columbia Hospital, Gurgaun, India
B.	Dr. Sachin Tiwari -HOD, PHD Department	SVN University, Sagar, MP, India
C.	Mr. Thakur Chandra Gahatraj - President	Dalit Sahitya Academy, Nepal
D.	Dr. Pratisha Kumari Saikia	Deputy Director, Eudoxia Research Centre
E.	Hemant Gupta	Chief Editor, India News

Contact Number/Email of Reference Person

A.	kshwetasharma@gmail.com
B.	+917999139966
C.	+919818058276
D.	+918787318074
E.	+918959884334

**NATIONAL
EDUCATION
AWARD BY FOCUS
NEPAL,
KATHMANDU, NEPAL**