**A Teacher's Perspective: The  Strategies used for Learning during the pandemic**

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**Abstract:** The COVID-19 pandemic has resulted in drastic changes in education. Since education is believed and expected to continue despite the circumstances, teachers have started to prepare for the shift from face-to-face class to different learning modalities (synchronous, asynchronous, and modular). Teaching is possible, with the help of different strategies, but, has challenges as well. This study aims to answer the following: (a) what are the teaching strategies teachers made use of during the pandemic? (b)what were the challenges teachers have experienced? (c) what were the coping mechanisms teachers have utilized?. Hence, this qualitative research explored the experiences of Junior and Senior High School teachers in the LORMA Basic Education High School in the implementation of distance learning in the new normal. The participant was selected through purposive sampling and underwent one-on-one interviews through video conferences. The documented interviews were transcribed and coded. Categories were clustered; then, emerging themes were derived. The findings revealed that after a school year of migrating to the New Normal, teachers have discovered strategies and made necessary preparations to equip themselves with distance learning. Though they have faced challenged which may hamper their work, they managed to cope with the new normal to proceed with their tasks. The higher authorities of the school have worked with teachers at the pre-implementation of distance learning to address their needs in resources to effectively facilitate the delivery of quality education for the students.

**Keywords:** Qualitative Descriptive research, Junior and Senior Teachers, Distance Learning, New normal