**Study Habits of Lorma Senior High School Students Engaged in Online Learning**

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**ABSTRACT**

With the emerging shift of paradigm as a result of the rise of the online learning framework during the pandemic, factors like study habits have a probability to alter. Herewith, this study aimed to determine the study habits the Lorma Senior High School students have developed in online learning, the significant changes in the study habits before and during the implementation of online learning, and the most effective study habits of students engaged in online learning. 25 students were selected using simple random sampling. The method used is the Qualitative-Descriptive Research Design, which allowed respondents to explain their perceptions and behaviors. Thematization was used in the data analysis, in which the gathered responses were categorized into various themes. The research results revealed the different study habits developed using online learning. The findings also indicated that there were substantial differences in practices before and after the introduction of online learning. Changes in schedule and learning materials, decreased enthusiasm, and other behaviors were discovered to have changed as a result of the transition to online classes. Furthermore, the researchers identified four (4) most effective study habits among various responses: time management, maintaining a healthy lifestyle, concentrating, and reviewing lectures.

**Keywords:** study habits; online distance learning; senior high school students; COVID 19; effective habits